



Debriefing after field-studies

Field-studies, for instance interviews with migrants and asylum-seekers, or participatory observations in migrant communities, can be stressful. Supervisors might want to schedule a supervision session with the student upon arrival back from the field. The session should be explicitly devoted to experiences from the fieldwork. We suggest to consult the list below during the debriefing session (see Grimm et al., 2020).

The feeling of being back

- How do you feel about being back from fieldwork?
- Have you had time/the opportunity to adjust being back?

Fieldwork as a challenge

- How did you experience the fieldwork?
- How do you feel now?
- What happened in the field? What was the main challenges? How did you cope with them in the field?
- Did you accomplish what you planned during the fieldwork? What did and did not work as planned?
- Did you leave the field as planned? Did you have the opportunity to part from local partners and interlocutors in a good way?

Current and future work and well-being

- Are you planning to keep in contact with the interlocutors for future fieldwork, presentations and disseminations? How will you do that?
- Overall, do you feel ok being back home/here or is there anything I can do to help you out?

References

Grimm, Janis, Kevin Köhler, Ellen Lust, Ilyas Saliba and Schierenbeck, Isabell (2020), *Safer Research in the Social Science*. London: SAGE.